

Newtown Woman's Club, GFWC, Inc.  
P.O. Box 101 • Newtown, CT 06470

*Newtown Woman's Club*  
**Rooster**



*Ramblings*



## December 2018



### On This Date in History: December 20

- 1803 The United States Senate ratified a treaty that included the Louisiana Territories from France for \$15 million.
- 1820 Missouri imposes a \$1 bachelor tax on unmarried men between 21 & 50
- 1880 New York's Broadway became known as the "Great White Way" when it was lighted by electricity.
- 1957 Elvis Presley is drafted



Happy Chanukah

Newtown Woman's Club  
November Luncheon  
Roberto's Restaurant  
505 Main Street, Monroe, CT



**Directions:** Take Route 25 which becomes Main St. in Monroe. Roberto's will be on the right coming from Newtown and on the left coming from Trumbull

**Time:** 11:30 am Registration and Social Time • 12:00 Meeting; 12:30 Luncheon

**Date:** Thursday, December 20, 2018

**Cost:** \$27. (Please make checks payable to the Newtown Woman's Club)

**Program:** Humble Bees

**MENU**

*"I've been on a diet for two weeks and all I've lost is two weeks."  
~Totie Fields*

- Salad
- Cavatelli with vodka sauce

**Choice of:**

- Sole Oreganatta
- Roasted Pork Loin
- Eggplant Parmigiana
- Served with house potato and vegetable, coffee, tea and dessert
- Coffee, tea, or soda

Deadline for reservations is Saturday, December 15 at 6:00 PM.

NO EXCEPTIONS will be made after that date.

*Anyone with dietary concerns should call the restaurant one week prior to the meeting to order a special meal.*

**If you have any questions please call Nancy at 203-590-3029 or Alice at 203-270-1545.**

***Please notify your caller if you will be away!***

**Reminder:** At each luncheon meeting, we will be collecting:

- Nonperishable food and pantry items for F.A.I.T.H. Food Pantry and Salvation Army Food Pantry
- Toiletries (sample sizes) for Women's Center and Veterans Hospital
- Box Tops for Education for local schools
- Aluminum flip top tabs for Shiners' Hospitals for Children
- *We will not be collecting bottles and cans but would appreciate your donation of redemption slips*

# The Newtown Woman's Club, GFWC/CT, Inc.

## Rooster Ramblings

**VOLUME XLV**

**Issue 4**

**December 2018**

**Editor:** Judy Rosentel

**Website:** nwc-gfwc.org

**Presidents:**

Jean Brown

Janet Stockalis

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**PRESIDENT'S MESSAGE:** *Janet and Jean*

Dear Newtown Club Members,

Can we believe the Christmas season is here once again and children are so excited with the thoughts of Santa arriving for a jolly happy time?

As members our thoughts go in a different direction and that is to try and help others in the community who are in need and also our Veterans who have given much for us.

We wish each of you a very happy, safe and healthy holiday season!

Love to all,

*Janet and Jean*

**REPORTS:** *Alice Horahan  
Janet Stockalis*

Reporting is done for the calendar year January to December. Please bring your reports to the December luncheon for Janet and Alice to compile statistics for reporting to state. E-mailing them would work as well.

**CONSERVATION:**

Janet will be having a meeting of the Conservation Committee at the Booth Library Gathering Room on Thursday January 10th (snow date Friday January 11th) at 11 am.

**ORNAMENTS:** *Pat Bailey  
Lisa Goosman*

The Ornament Committee reports a steady sale of the ornaments to date.

We hope to sell out this year as well as last year.

If members need to reserve any ornaments, please email me or Lisa Goosman.

*Thanks,  
Pat*

**ARTS COMMITTEE**

The Arts committee has decided to have an Event Chairperson for each event rather than an Arts committee chairperson. The following are in charge of upcoming events:

*Elizabeth Wefer - Ben's Bells*

*Pat McCarthy - Newtown Festival of Trees*

**NWC's contribution \*\*Please bring any small ornaments that you can contribute to the luncheon.**

*Joan Fuest - Glass House Tour: Early spring*

If you are interested in participating in any of these events please contact the person in charge.

Please send Judy any information or photos for the website and/or Facebook. Check out our website: <http://www.nwc-gfwc.org/>.

**The deadline for the January newsletter is January 3, 2018.**

## HOME LIFE:

*Jan Happel*

Betty Warner wants to thank the ladies who have supported gift giving for Bingo at The Commons of Newtown an Assisted Living Community & Newtown Rehabilitations and Health Care Center. (Formerly Masonicare) She has delivered many small items over the past few months, such as cards, writing paper, calendars, small decorative window items and large print books.

The Knitting Group - headed up by Janet Stockalis, continue to create warm hats & scarfs, divided up and given to the homeless in major cities in need and Lap robes for the Dialysis Units in local hospitals. Thank you ladies for using your talents to help those in need.

Marion Thompson and Betty Warner are shopping for the Vets and the Women's Center with their lists of needs. They use the money that has been raised via recycling bottles and cans plus any extra from the purchase of Flags. They really know how to shop and save !

You go Girls!!

## HEALTH

*Marcia Cavanaugh, RN, BS*

Healthy Holidays!

The wondrous holiday season is upon us with its joys, merriments and blessings. Also its overwork, tiredness, tensions and stress - things that cause our blood pressures to rise. Blood pressure above 130/80 is now considered high. Previously the high was 140/90. The systolic (top) number is the pressure during heartbeats, the diastolic (bottom) number is the pressure between beats.

~September Woman's Day Magazine

Here are some easy ways to keep your blood pressure healthy:

- Reduce salt and eat spicier food.
- Eat yogurt 5x per week.
- Take up art as a hobby.

- Eat more protein BUT do not overcook your meat.
- Spend a 1/2 hour each week in nature.

## KNITTING:

*Janet Stockalis*

Knitting is the first Tuesday of the month except November, which falls on Election Day. We meet at the library gathering room from 1-3 PM.

## PUBLIC ISSUES:

*Marion Thompson  
Betty Warner*

## Veterans Issues

Betty and I would like to thank our members for their generosity, especially Millie who suggested we ask members for socks and under wear for our Veterans. We collected 163 pairs of socks. We are dividing the socks between Rocky Hill Veterans Home and Hospital, West Haven Veterans Hospital and the Danbury Mission. We also adopted 3 Veterans at West Haven. Cupid 10A asked for a flannel shirt and a bifold wallet. Cupid 4B asked for a Patriot Shirt and a pair of sweat pants. The 3rd veteran has not transitioned from the hospital to Rocky Hill he requested a flannel shirt A special thank you to Millie for driving to Rocky Hill on Tuesday and a big pat on the back to our members.

## Women's Center of Greater Danbury

Every year we buy and donate pajamas to the residents of Elizabeth House, the shelter for battered women. This year we will be buying for 5 adults and six children 6 years and under.



**EDUCATION:** Carol Fullman

Please bring Box Tops for Education and can flip tops to each luncheon. Our club will donate them to a Newtown elementary school next May.

**Books for New Babies:** This month we presented a "First Book" to LeReine Frampton for the birth of her new grandson Hunter.

We present a "First Book" to the new-born grandchildren and great-grandchildren of our club members. You may complete a form in the red folder and give to Carol Fullman or email the information directly to carolhugh@yahoo.com. Please send your name, your relationship to the child, name and address of the child including zip code and date of birth. If you prefer to deliver the book directly, that would be great.

**FOOD PANTRIES** Evie Watts

We will continue the practice of rotating the monthly donations between the F.A.I.T.H. Food and Salvation Army Food Pantries. Food will be collected for the Salvation Army Food Shelf this month. Anything other than pasta and canned vegetables will be gratefully welcomed.

**Please check the dates on your food donations. Out of date and opened packages are not accepted.**

**CARING FRIENDS:** Anne McWhirter



Once again, if you know of any NWC members/family members who might be cheered by a Caring Friends card or phone call, please let Anne McWhirter know. You can reach Anne at [annie.mcwhirter@snet.net](mailto:annie.mcwhirter@snet.net), or call her at 203-452-1227.

**Belles, Books and Candles:** Dot O'Byrne  
Evie Watts

*BELLS, BOOKS AND CANDLES collected \$122 at their Holiday meeting instead of having a gift exchange. This was evenly divided and given to the Faith Food Pantry and the Salvation Army Food Shelf.*

**Belles, Books and Candles Schedule**

**January 22, 2019, 1:30 PM**  
Booth Library Gathering Room  
"THE HANDMAID'S TALE" by Margaret Atwood  
Discussion Leader: Nancy Kennedy

**February 26, 2019, 1:30 PM**  
Booth Library Gathering Room  
"WISH YOU WELL" by David BALDACCI  
Discussion Leader: Pat Bailey

**March 26, 2019, 1:30 PM**  
Booth Library Gathering Room  
"A WALK IN THE WOODS" by Bill Bryson  
Discussion Leader: Pat McCarthy

Questions? Dot Obyrne: 203-426-3217  
Evie Watts: 203-426-5532

**MESSAGE CORNER**

**Betty will be collecting items for Bingo Prizes at Masonicare and sample toiletries for the Women's Center.**

**New Address and Phone for Carol Fullman:**  
**708 Championship Drive**  
**Oxford CT 06478**  
**Landline 203 463-8469**

**Cost for nametag replacement will be \$1.00 beginning with the January 2019 meeting.**

**Remember to bring "Quarters for Heifers" to each luncheon to benefit Heifer International.**

## CORRESPONDING SECRETARY:

*Pat McCarthy*

### LUNCHEON MEETING NOVEMBER 15, 2018



The meeting was called to order at noon by co-president Janet Stockalis. The Pledge of Allegiance

was led by Mary Obre, the Collect by Rosemary Zanfini, and the Invocation was given by Marilyn Alexander.

Janet introduced our guests, Michelle Rosenthal, brought by Colleen Honan, Louise Baker and Michelle McBrae brought by Marie Sturdevant, and Lynn Buttner brought by Millie Anderson. The minutes of the October meeting were approved and the Treasurer's report was filed for audit.

Corresponding Secretary, Jan Happel received mail from Americares, Newtown Hook and Ladder, and Newtown Senior Center for monetary donations.

#### COMMITTEE REPORTS:

**FEDERATION-** The gfwc.org web site has a wealth of information. Club members are encouraged to use the site. Also gfwcct.org is the web site for Connecticut. The password for the site is "volunteer."

**ARTS-** Joan Fuest gave a presentation on the "GLASS HOUSE". Signup sheets will be in the red folders to see if there is enough interest to make further plans. Elizabeth Wefer talked about "BEN'S BELLS, a project to build a kinder community. An opportunity for us to volunteer for this project is being planned to paint the bells in January or February.

**BELLS, BOOKS & CANDLES-** The book for January is Handmaids Tale by Margaret Atwood; February- Wish You Well by David Baldacci and March- A Walk in the Woods, by Bill Bryson.

**CARING FRIENDS-** Thoughtful cards were sent to members Evie Watts, Joan and Dick Nickerson, Jean Brown, Ducky Loewenstine, Dot O'Byrne and Elaine Kelly.

**HOLIDAY BASKET-** Marie Fodor (in her Santa hat) collected donations to provide holiday gifts for families in need.

**INTERNATIONAL-** "Quarters for Heifer" were collected.

**PUBLIC ISSUES-** Quilts, lap blankets, bibs, smile bags, and other items continue to be made by Betty Warner, Marion Thompson and Committee members. Donations of socks and underwear were collected by Millie Anderson.

**WAYS and MEANS-** Tickets are available for the show RELVIS is COMING TO NEWTOWN on December 8th. This is a fundraiser for our club.

**ORNAMENTS-** The annual Christmas Ornament sale is doing well.

**PROGRAM-** Peggy Townsend gave a demonstration on Underwater Flower Arrangements. It was especially well received by club members and guests.

The meeting was adjourned at 1:50 pm.

*Submitted by Pat McCarthy,  
Recording Secretary*

#### **Future Luncheon/Meeting Places**

**December:** Roberto's, Monroe

**January/February:**

Newtown Congregational Church

**March:** Roberto's, Monroe

**April:** Brookside Inn, Oxford

**May:** Black Angus, Danbury

There will be a link to the newsletter on the website each month in case you have trouble opening the email file. Here is the link. If you click on it, it will bring you to our site.

<http://www.nwc-gfwc.org>

TREASURER'S REPORT		NOVEMBER 30, 2018	
BALANCE ON HAND FROM PREVIOUS REPORT		10/31/18	3,119.10
	BUDGET	FUNDRAISING	
CASH RECEIVED:			
CHRISTMAS BASKET INCOME		700.00	
HOSPITALITY - LUNCHEON PAYMENTS	1,248.00		
HOSPITALITY - MISSED LUNCHEONS	0.00		
MEMBERSHIP - APPLICATION	2.00		
INTEREST INCOME	0.33		
VETERANS		15.00	
WAYS & MEANS - ELVIS		865.00	
WAYS & MEANS - FLOWER ARRANGEMENTS		20.00	
TOTAL RECEIPTS:	1,250.33	1,600.00	2,850.33
DISBURSEMENTS:			
CHRISTMAS BASKET EXPENSE		720.00	
HOSPITALITY EXPENSE - LUNCHEON	1,164.91		
MEMBERSHIP EXPENSE - BROCHURES	100.00		
PINS	33.88		
PROGRAM EXPENSE	26.00		
WAYS & MEANS			
TOTAL DISBURSEMENTS	1,324.79	720.00	2,044.79
BALANCE AT END OF REPORTING PERIOD		11/30/18	3,924.64
MARGARET S. FORBELL, TREASURER			

## *Birthdays*

### December

Joan Fuest	3
Peg Forbell	9
Charleen Swanson	9
Ducky Loewenstine	10
Millie Muir	13
Pat Denlinger	27
Marie Fodor	31



### January

Janet Stockalis	1
Colleen Honan	6
Anne McWhirter	12
Chris Dran	20
Elaine Kelly	23