

Newtown Woman's Club, GFWC, Inc.
P.O. Box 101 • Newtown, CT 06470

Newtown Woman's Club
Rooster



Ramblings



April 2024



On This Date in History: April 18

- 1775: Paul Revere and William Dawes ride from Charlestown to Lexington warning "the regulars are coming!"
- 1924: 1st crossword puzzle book published by Simon & Schuster
- 1934: 1st "Washateria" (laundromat) opens (Fort Worth, Texas)
- April 18 is National Exercise Day, National High Five Day, National Animal Crackers Day, National Velociraptor Awareness Day and many more National Days to celebrate

Newtown Woman's Club April Luncheon
April 18, 2024
Cafe on the Green
100 Aunt Hack Road, Danbury, CT 06811
(203) 791-0369

Location: Cafe on the Green

Directions: Take I 84 West to exit 1 for Saw Mill Road. Turn right onto Saw Mill Rd. Turn right onto Mill Plain Rd. Drive 1.5 miles and turn left onto Aunt Hack Rd. Continue onto Birchcrest Dr. In 0.1 mi turn left onto Cedar Crest Dr. In 456 ft, turn right onto Aunt Hack Rd. Destination will be on the left.

Time: 11:30 a.m. Registration and Social Time. 12:00 p.m. Meeting and Luncheon

Date: Thursday, April 18, 2024

Cost: \$35 (Please make checks payable to the Newtown Woman's Club)

Program: Eman Beshtawii, Co-founder of the Al Hedaya Islamic Center in Newtown, CT and serves as the Director of its Education & Outreach programs. Please read her bio on the next page.

April Luncheon Menu

*"Training is everything. The peach was once a bitter almond;
cauliflower is nothing but cabbage with a college education."
— Mark Twain*

- Penne alla Vodka , with pink cream sauce
- Chicken Picatta- Boneless chicken, capers, lemon wine sauce
- Grilled Salmon-with tomato, olive salsa, basil, garlic

All served wit mixed salad, mashed potatoes, & vegetables

Coffee, tea & sodas included

Dessert- Ice Cream

****Note that this meeting was changed from Sal e Pepe to Café on the Green****

Deadline for reservations is Saturday, April 13, 2024 at 6:00 p.m.

NO EXCEPTIONS will be made after that date.

If you have any questions, please call Chris Dran at (203) 426-3882

PLEASE NOTIFY YOUR CALLER IF YOU WILL BE AWAY! THANK YOU.

The Newtown Woman's Club, GFWC/CT, Inc.

Rooster Ramblings

VOLUME LVI

Issue 8

March 2024

Editor: Judy Rosentel

President:

Millie Anderson

Website: nwc-gfwc.org

PRESIDENT'S MESSAGE: *Millie Anderson*



Great minds discuss ideas; average minds discuss events; small minds discuss people.

Eleanor Roosevelt

We have a lot of great minds in the Newtown Woman's Club. A special thanks to those great minds who volunteered to lead our club for the next two years.

Blessings, Millie

PROGRAMS: *Marie Sturdevant
Rosemary Rau*

Eman Beshtawii is a wife and a mother of 4 children. She is a Pharmacist and received her Bachelors degree in Pharmacy from the University of Jordan, Amman. She was one of but a few pharmacists working at the Jordan University Hospital with cancer patients and chemotherapy - research in these fields her goal and helping those in need her dream.

Eman is a Co-founder of the Al Hedaya Islamic Center in Newtown, CT and serves as the Director of its Education & Outreach programs. She is a member of the Newtown Interfaith Clergy Association. She is Co-founder of the JAM (Jewish And Muslim) women group in Connecticut and speaks at "Honest Conversations with Muslim neighbors", a program that is sponsored by The CT Council for Interreligious Understanding (CCIU), The Muslim Coalition of

CT, and The Hartford Seminary. She represented the Muslim community at the 2016 National Prayer Breakfast with President Obama. In 2017, Eman was awarded the Ijlal Mohammad Humanitarian Award "Honoring Positive Examples in The Community".

Election of Officers for 2024-2026 *Pat Bailey*

President.....	Rosemary Rau
1st VP.....	Gina Pin
2nd VP.....	Marie Sturdevant and Marg Studley
Secretary.....	Pat Lowell
Treasurer.....	Peg Forbell
Asst. Treasurer.....	Sylvia Poulin

Many thanks to Gina Pin and Pat Lowell for joining me and coming up with a slate of officers. I know we will all join in helping our new officers to help and to make their duties easier, let's lighten the load girls!

Thanks, Pat Bailey



HEALTH AND WELNESS *Jan Happel*

Preventative Medicine *Marcia Cavanaugh*

FACIAL WRINKLES

While there is nothing unhealthy about wrinkles, there are treatments to make them less visible and smooth them out.

A good skin care routine can help protect your skin and prevent wrinkles.

Daily care:

1. Wash with a mild cleanser.
2. Use a physical or chemical exfoliant to rid your skin of debris and dead skin cells. If your skin is sensitive, do this only a few times weekly.
3. Apply a skin toner- a water based lotion or tonic to tighten your pores.
4. Moisturize to hydrate and fill in little creases.
5. Apply sun screen to exposed areas, face, neck and hands.

Use sun protection every day, all year round, such as one containing zinc oxide or titanium oxide. Even sun that shines through windows can age skin. Topical creams, with retinol and retinoid, forms of Vitamin A, are a cornerstone of wrinkle products.

Retinoids are available by prescription only. They take 4 to 6 weeks to work. Mayo Clinic experts say expensive products do not necessarily work better than less costly ones.

Mayo Clinic Health Letter

FINANCE: *Dolores Judge*



Thirty five members cast their votes for the BALLOT. Thank you for

voting!! The results in order are: the Center for Empowerment and Education, Catherine Hubbard Foundation, Salvation Army and Newtown Parent Connection.



Memorial Day Veterans Keepsake Flags



Dear Members,

We will have your Flag orders ready for pickup at the May luncheon.

Thanks much,
Marie and Rosemary

KNITTING: *Janet Stockalis*

It's never too late to join us at knitting! Never too late to start, even if it's just to see how we roll.



We will only have one more meeting this club year. May 7th at 1pm-3pm, CH Booth Library 3rd floor Antiquities Room .

CARING FRIENDS: *Ann Kirk*

If you know of any NWC members/ family members who might be cheered by a Caring Friends card or phone call, please let Ann Kirk know.



You can reach her at annkirk37@yahoo.com or call her at 203-426-6689.

INTERNATIONAL: *Alice Horahan*



Please bring your quarters to the meeting. This will be the last month for the Heifer International collection of quarters this year. Everyone's participation in this endeavor has been remarkable, and our collection bank is almost full. Next month I will report on what our donation will be this year. Thank you all.

VETERANS:

Sylvia Poulin



Need some extra room? Donate your unwanted clothes and household items by scheduling a donation pickup today! Just click here: Pickup-Please.org. Doesn't get easier than that. The veterans thank you for your help!

CONSERVATION/ENVIRONMENT:

Evie Watts

Millie Anderson



Close your eyes and imagine yourselves in the Foxwoods Casino Slot Machine Parlor, and every play is a WINNER!

Every play in our Can and Bottle Collection is a winner in several ways. We are recycling, AND getting paid AND the prize money is being donated to a Wildlife Sanctuary in our Town. Our goal was \$100 and we only need \$17.25 more to hit the target. Keep collecting those bottles and cans! We can do it April is our last collection month.

Keep bringing in the can snap tabs and bottle receipts. The can tabs will be delivered to the New Haven Ronald McDonald House in the spring'

Remember our Motto!

REDUCE REUSE RECYCLE

This is only a suggestion, and totally voluntary - bring your own container for leftovers. **Doing so, REUSES AND REDUCES .**

MEMBERSHIP: *Marg Studley/Colleen Honan*

Just a reminder that we will collect dues for the next year in April. Regular Members are \$45 and Associate Members are \$55. If you have any questions, call Marg at 203-326-3651.

Membership forms will be available at the meeting.

BELLES, BOOKS AND CANDLES:

Joan Lavery

The book for April is The Dutch House by Ann Patchett. The library has copies on our shelf. Janet STOCKALIS will lead the discussion at the Library. The meeting is at 1:00 April 25 at the Library. I hope you like the book and we await your thoughts on it. See you soon.

Happy Reading

Books for 2024

<u>Month</u>	<u>Title</u>	<u>Author</u>	<u>Lead</u>
April	The Dutch House	Ann Patchett	Janet
May	Golden Doves	Kelly	Joan

ORNAMENTS: Pat Bailey/LeReine Frampton



The choice for this year's ornament is "Newtown Forest Association, Inc."

This was chosen to, not only honor the Association in their 100th year, but also to honor our Coke Cramer. Coke has been a member of the organization for many years, having served as an officer and constant supporter. We are so happy to be able to bestow this honor.

Sincerely, Pat Bailey...Co-Chair.

**April is National Volunteer Month.
Thank you to all of our members
who volunteer so selflessly!**



MINUTES:

Pat Lowell

**Newtown Woman's Club Meeting MINUTES
March 21, 2024**

The meeting was held at Sal e Pepe Restaurant, Rt. 25, Newtown, CT

President Millie Anderson opened the meeting at 11:54am.

The Pledge of Allegiance was led by Janet Stockalis

Collect was led by Mary Ann Magee

Inspirational Message was read by Mary Obre

The 50/50 raffle today netted \$58.00.

Colleen Honan introduced a guest, Dottie Carnes, from Newtown by way of FL.

COMMITTEE REPORTS:

There were no questions on the Treasurer's Report printed in last month's newsletter.

The minutes of our February 15th meeting were printed in our newsletter. As there were no questions or corrections, a motion was made and the minutes were unanimously approved.

-FINANCE COMMITTEE: Dolores Judge collected our ballots where we voted on which charities we will be donating to. The ballots were counted by volunteers after the meeting. Results will be shared at our April meeting.

-NOMINATING COMMITTEE: Pat Bailey was pleased to announce our slate of new officers for 2024-2026:

President: Rosemary Rau

First Vice-President: Gina Pin

Co-Second VP: Marie Sturdevant and Marg Studley

Recording Secretary: Pat Lowell

Corresponding Secretary: Jan Happel

Treasurer: Peg Forbell

Assistant Treasurer: Sylvia Poulin

Historian: Janet Stockalis

Millie Anderson thanked Dot O'Byrne for bringing Pat and Gina into the club.

-ORNAMENTS: Pat Bailey announced that the club 2024 ornament will commemorate the 100th anniversary of the Newtown Forest Association, Inc.

Pat also asked for volunteers to place American flags around the monument on the Friday before Memorial Day, May 24th, before 1pm. They will need to be removed the day after Flag Day, Saturday, June 15th.

Rosemary Rau showed examples of flags we may purchase for \$10 each, which include a gold tassel and an acrylic tag to include the name and branch of the service for the Veteran we are honoring. Order forms were in the red folders.

Pat Lowell shared that she has our Years of Service Pins from headquarters. Pins will be awarded to members at our May club meeting.

-BYLAWS: Janet Stockalis reviewed a handout of recommended changes to several of the club's present Bylaws. Millie agreed to send them out in a blast mail.

-MEMBERSHIP: Marg Studley collected dues, and reminded us that they are due by our May meeting. She added that there will be a new information form for members to fill out in April.

-FOOD PANTRIES: Susan Sullivan shared that today's food donations were going to St. Rose Faith Food Pantry.

-INTERNATIONAL: *Operation Smile:* Michelle Rosenthal shared that we will pay a \$20 annual charge to the Senior Center to use their sewing machines to make bags to fill with small items for this organization. Volunteers should bring cotton material. The group will decide on dates and times to meet. They could use donations of fabric (remnants are ok), and other sewing supplies. We may also contact Betty Warner about this project.

Heifer International: Alice Horahan said the last collection for quarters will be at the April meeting. She will give us the total for the year at our May meeting.

-WAYS AND MEANS: Rosemary Rau reminded us that the gold/silver fundraiser will take place at Newtown Congregational Church on March 22nd and 23rd from 10am – 4pm both days.

Continued on next page...

...Continued

-CIVIC ENGAGEMENT AND OUTREACH: Betty Warner delivered donations from our January meeting to The Center valuing just over \$500. Betty delivered an additional \$300 worth of donations to Newtown Rehabilitation. In April, she is collecting paper goods, toiletries, and household cleaning supplies for The Center. Please bring these to the next meeting.

Jeanne Braude-Magi placed sign up sheets for Southwest District Day on April 9th, in the red folders. The registration fee is \$42. Make checks out to NWC and give them to Peg Forbell.

Rosemary Rau asked us to vote for one of three photographs to be entered in the District Day photo contest. The crocus photo with bee was the winner.

-BELLES, BOOKS & CANDLES: Joan Lavery shared that the next book for the club is News of the World by Paulette Jiles. We meet at Booth Library on March 28th at 1pm. Join us!

-HOSPITALITY AND LUNCHEON: Marie Sturdevant shared that our guest speaker next month is Eman Beshtawii from the Muslim Center and School in Newtown and Danbury. Her topic is Unity in Diversity.

President Millie Anderson adjourned the meeting at 12:58pm.

*Respectfully submitted,
Pat Lowell, Recording Secretary*

FOOD PANTRY: Susan Sullivan



The Food Pantry donations are only going to be collected in April and May, as it the end of our year. Please refer to the grocery list if you can help us with a good supply. It is always appreciated by the Food Pantries.

Thank you.
Susan

Food Pantry Grocery List

- Canned soup
- Deodorant
- Shampoo
- Jars of spaghetti sauce
- Parmigiana
- Boxed cereal , sweet and non-sweet
- Granola bars
- Peanuts
- Laundry detergent
- Toiletries
- Canned tuna, chicken, turkey, ham, Spam and stew

Birthday's



April

Louise Baker 16

May

Karen Stern 2
 Ann Kirk 3
 Susan Norwell 8
 Mary Obre 9
 Coke Cramer 10
 Alice Horahan 24
 Judy Rosentel 29
 Millie Anderson 30

Please send Judy any information or photos for the website and/or Facebook. Check out our website: <http://www.nwc-gfwc.org/>.

The next newsletter deadline is May 2, 2024

OPERATION SMILE: *Michelle Rosenthal*



If you are interested in taking part in Operation Smile, please contact me at 203-417-0481 or micheteach@aol.com .

Operation Smile is a global group based in the US that provides access to safe medical care for children suffering from cleft palates.

The GFWC has been supporting Operation Smile for over 20 years. They've raised money for programs and donated handmade quilts, blankets, Hospital gowns, smile bags and collected personal hygiene products and toys.

<https://www.operationsmile.org/>

Message Corner

Betty Warner is collecting BINGO prizes for Newtown Rehab. If you can bring small gifts to each meeting for Betty to bring to Newtown Rehab, she would appreciate it.

Betty also collects for The Center for Empowerment and Education at each meeting.

Redbook Changes

Nancy Kennedy's new address is:
26 A Main St., Newtown

Lilleba Peterson's email is:
unnihpeterson@gmail.com

Redbook Phone Number Changes

Coke Cramer 203-405-1087
Betty Doty 203-687-3882
Louise Baker 203-304-9254

Upon entering the restaurant for our April meeting, please see Pat Lowell for a game piece with your name on it. The quick game relates to our Years of Service Pins which will be handed out at the May meeting.

If you are able, please wear a red top, blouse or scarf to our May meeting. It will be a great way to celebrate the 2023-2024 club year, and we will look wonderful in group photos to be taken after our Years of Service Pins are awarded.

There will be a link to the newsletter on the website each month in case you have trouble opening the email file. Here is the link. If you click on it, it will bring you to our site. <http://www.nwc-gfwc.org>

FEDERATION: *Janet Stockalis*

**Southwest District Day Tuesday April 9th
Anthony's Lake Club, Danbury.
It's an "All American BBQ"
Buffett with all the BBQ fixins
Desserts Coffee Tea**

**If you are attending District Day,
wear your finest BBQ gear**

**GFWC/CT Annual Convention
will be held May 18th in Chester, CT.
I will be attending along with
Millie Anderson.
More information to follow**

**April is National Parkinson's
Awareness Month**



TREASURER'S REPORT 06/01/2023 - 03/31/2024

Peg Forbell - Treasurer

BALANCE ON HAND AT BEGINNING OF PERIOD			5/31/23	2,265.26
	BUDGET		FUNDRAISING	
CASH RECEIVED:				
CHRISTMAS BASKET INCOME			475.00	
CIVIC ENGAGEMENT & OUTREACH (BOTTLES)	85.75			
CIVIC ENGAGEMENT & OUTREACH (VETERANS)	550.00			
HOSPITALITY - LUNCHEON PAYMENTS	6,511.00			
INTEREST INCOME	6.61			
MEETINGS INCOME	505.00			
MEMBERSHIP-DUES, APPLICATIONS, NAME TAGS	2,225.00			
OPERATING INCOME - 50/50	300.50			
VETERANS	0.00		500.00	
WAYS & MEANS - ORNAMENTS			5,515.00	
WAYS & MEANS - DONATIONS			500.00	
TOTAL RECEIPTS:	10,183.86		6,990.00	17,173.86
DISBURSEMENTS:				
ARTS & CULTURE				
CARING FRIENDS	9.63			
CHRISTMAS BASKET EXPENSE			475.00	
CIVIC ENGAGEMENT & OUTREACH (VETERANS)	379.68			
COMMUNITY DONATIONS				
CORRESPONDING SECRETARY - BOX RENT	230.00			
DISTRICT BASKET				
FEDERATION DUES	1,000.00			
FUNDRAISINGEXPENSE - ORNAMENTS			3,460.21	
HOSPICE TABLE	350.00			
HOSPITALITY - LUNCHEON COSTS	6,312.79			
INCORPORATION FEE	50.00			
INSURANCE	125.85			
MEETINGS EXPENSE	700.00			
MEMBERSHIP EXPENSE				
NEWSLETTER - POSTAGE, PRINTING				
PINS	279.37			
PROGRAM EXPENSE	284.00			
TREASURER - CHECKS	41.86			
WEBSITE				
YEARBOOK	323.86			
TOTAL DISBURSEMENTS	10,087.04		3,935.21	14,022.25
BALANCE AT END OF REPORTING PERIOD			3/31/2024	5,416.87